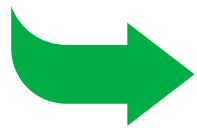


Are you a **BUSY PROFESSIONAL?**



Would you like to...

- ➔ **Enjoy Every Aspect of Life?**
- ➔ **Fall Back in Love with Life?**
- ➔ **Rediscover the Zest in Your Life?**

95%
of professionals don't
take enough vacation

75%
of professionals are
overworked

60%
of married couples
don't spend enough
time together

JENNY OLDING

PRESENTS

ROCK YOUR LIFESTYLE!

Coach Jenny O stimulates lifestyle change in others. In this powerful and exciting journey, she digs deep to explore what it takes to live life to the fullest.

- Deep personal exploration of daily habits and way of living.
- Learn how to STOP negative thinking in its tracks.
- How to engage in the connection of the mind and body.
- Immediate action plan of how to change NOW!
- Proven techniques to take your life to the next level.



"Each time Coach Jenny O speaks I feel empowered... I get the tools and resources to advance my life." -Cassie W.

"Coach Jenny O has been a key part of my 'new life'. She has changed my life and helped me to get out of the dark place I was in." -Lorna R.

**For booking information,
please contact:**

Jenny Olding
JennyO@RockYourLifestyle.com
813-343-8045

Coach Jenny O is passionate about helping clients and audiences maximize their potential. Before the age of 30, she maximized opportunities and found ways to travel the world using little out-of-pocket money. In 2013, Jenny was inducted into University of Rio Grande's Hall of Fame. Jenny graduated college DEBT-FREE with a 3.9 GPA, while playing 3 sports and participating in 2 study abroad trips. By the age of 27, through a successful career in corporate sales, Jenny became a 6 figure earner, multiple President's Club award winner and consistently ranked in the top 5% of her peers.

With these achievements, Coach Jenny O has truly mastered what it takes to Rock Your Lifestyle; she is energetic, dynamic and creates lasting, life changing impacts on audiences. Coach Jenny O is able to bring home concepts that anyone can implement to live a more positive, healthy AND focused lifestyle!



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